

THE INCIDENCE OF PERIODONTIC DISEASE IN THE ELDERLY

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Abstract: In this article, the origin, occurrence, gender and age of periodontitis in the elderly, and the prevention of the disease are approached from a scientific point of view.

Also, the high level of periodontal diseases of the population, the duration and severity of which lead to early loss of teeth and a decrease in the quality of life make it possible to remove this problem from the scope of medicine and give the problem an important social importance. role is important.

Key words: periodontitis, smoking, diabetes, tooth atrophy, soft tissue.

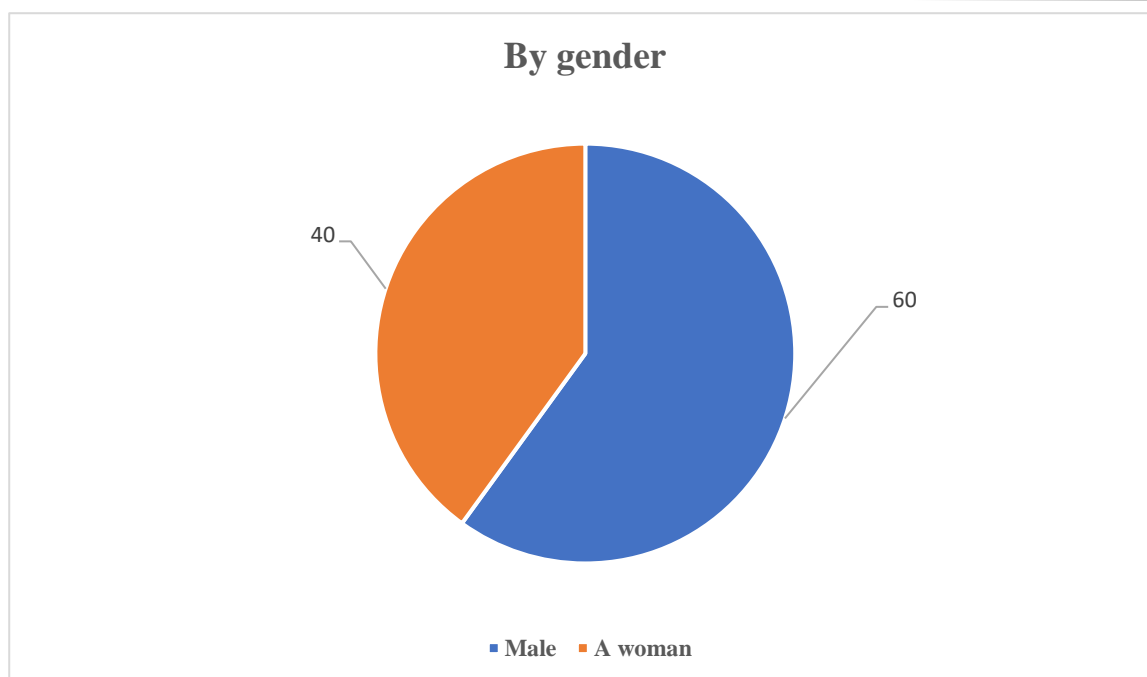
Relevance of the topic: In general, the development of periodontitis is caused by bad habits and general diseases, smoking, diabetes, gastrointestinal diseases, diseases of the cardiovascular system, stress, compression of the gums due to the appearance of alloy stones around the teeth, defects in the development of the jaw and palate, teeth caused by diseases such as improper growth, crooked teeth, and mouth breathing.

Today, one of the most common stomatological diseases is periodontitis, which is an inflammatory disease of the gums, which over time leads to atrophy of the bone and connective tissue of the gums, resulting in tooth decay and spontaneous loss of teeth.

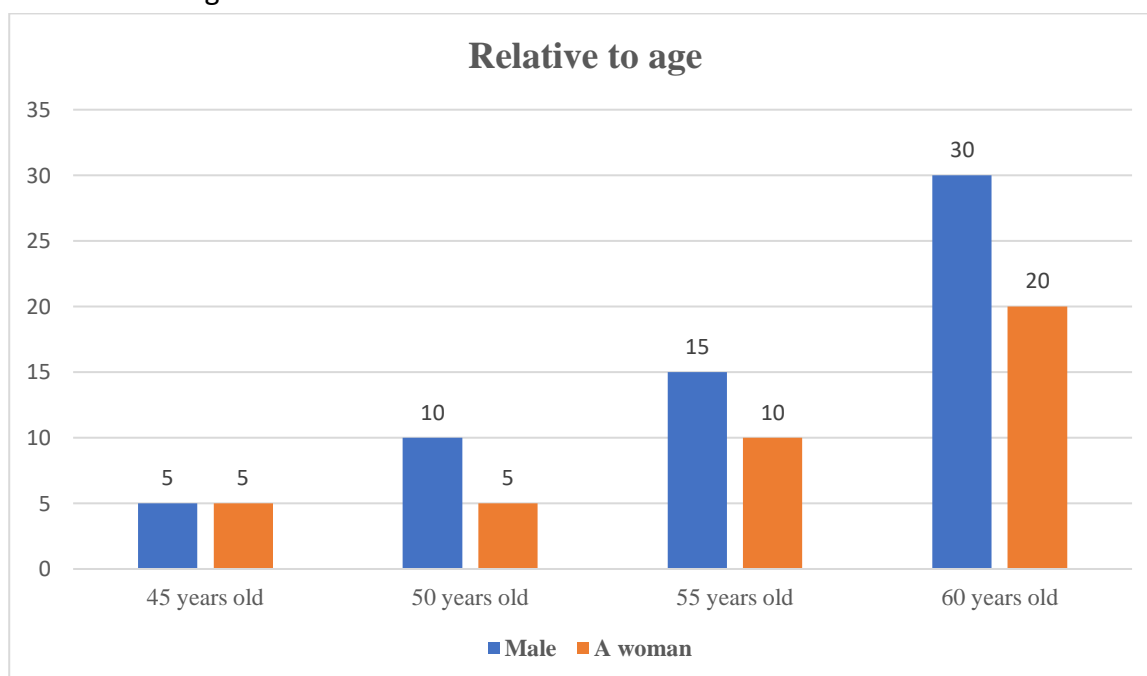
The purpose of the work: as the purpose of the work, the occurrence, causes and spread of periodontitis in elderly people living in the city of Urganch were studied.

Research method and materials: as a research material, elderly people living in Urganch who applied to private clinics with complaints of toothache were studied and the following results were obtained.

Table 1 by gender.



When examined by gender, periodontitis was more common in men than in women, i.e. 60%. When people with periodontitis disease were studied in relation to age, it was found that it was mostly found in men aged 55-60. **Table 2.**



Examination results: the results of the examination showed that periodontitis is mainly found in elderly people aged 55-60 years, and the cause of the disease is that they do not follow the rules of dental hygiene in time.

Also, as a complication, the loss of teeth, as well as the absorption of toxins from microbes that caused periodontitis, cardiovascular system diseases, rheumatoid arthritis, atherosclerosis, and respiratory system diseases were also detected.

Conclusion: in conclusion, it can be said that periodontitis

disease is mainly due to non-observance of tooth brushing hygiene and failure to attend stomatological examinations on time, as well as spontaneous falling out of teeth and microbes in the oral cavity causing other diseases in our living body, i.e. diseases of the cardiovascular system, rheumatoid arthritis, atherosclerosis, respiratory system diseases .

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