

Features of the Occurrence of Combinations of *H. Pylori* Genotypes in Patients with Inflammatory-Ulceric Diseases of the Stomach

F. R. Ismoilova¹, M. T. Rustamova¹, M. H. Tagaeva¹, K. T. Boboev²

¹ Tashkent Medical Academy (Uzbekistan)

² Republican Specialized Scientific and Practical Medical Center of Hematology (Uzbekistan)

Annotation: Target. To study the features of the occurrence of combinations of *H. Pylori* gene genotypes in patients with inflammatory and ulcerative diseases of the stomach in the Gastroenterology Clinic of the TMA.

Keywords: non-atrophic chronic gastritis, erosive chronic gastritis, gastric ulcer, risk of formation, Uzbekistan.

Introduction

Inflammatory and ulcerative lesions of the stomach are the most common pathologies among the entire group of stomach diseases [1,2]. These pathologies develop as a result of complex disorders in the gastric mucosa, arising from the interaction of agents of the external and internal environment [3].

Untimely diagnosis of inflammatory diseases of the stomach is very often fraught with the transition of inflammation in the gastric mucosa into chronic, ulcerative and even oncological processes [4]. In this regard, given the presence of many mechanisms of initiation of inflammatory and ulcerative diseases of the stomach that have not yet been fully revealed, modern researchers are particularly interested in studying them [5].

In recent years, more and more reports have appeared in the literature about a special contribution of *H. Pylori* gene genotypes in patients with inflammatory and ulcerative diseases of the stomach, which has a special contribution at the onset of complex disorders, ultimately leading to damage to the gastric mucosa [6, 7, 8, 9].

From numerous studies of the role of genotypic variants of *H. Pylori*, more than 30 genotypes of *H. Pylori* are known and the bacterium is found in the microflora of the gastric mucosa of patients and healthy people. They are combined into a region of the genome called the "pathogenicity island" (PAI).

According to our literature review, the demographic global prevalence of *H. pylori* infection is more than 50% [10].

Cytotoxin-associated gene A (cagA). Helicobacter pylori and high-molecular protein CagA. The *cagA* (cytotoxin-associated marker gene) gene is the most notorious virulence factor of *H. Pylori* and is recognized as the first bacterial oncogene. This protein is considered responsible for disruption of the integrity of the epithelium of the gastric mucosa, induction of uncontrolled proliferation of epithelial and lymphoid cells, secretion of proinflammatory cytokines, and the occurrence of an inflammatory reaction in the mucosa.

According to the data of Shiota S, Suzuki R, Yamaoka Y. (2013), *iceA* (induced by contact with epithelium) is activated upon contact with epithelial cells of the gastric mucosa (GM) and the gene exists in two allelic forms - *iceA1* and *iceA2* [11].

In patients infected with *H. Pylori* with the *iceA1* genotype, the infiltration of the lamina propria of the gastric mucosa by polymorphonuclear neutrophils is higher than in those infected with another genotype. Adhesion to gastric epithelial cells in vitro is induced by the expression of the *IceA1* protein. *H. Pylori iceA1* affects the immune response of gastric mucosa epithelial cells, promotes intensive production of proinflammatory cytokines (IL-6, IL-8, etc.) [11, 12].

Another factor of *H. Pylori* pathogenicity is the *vacA* gene (Vacuolating cytotoxin-associated gene) which codes for the synthesis of the vacuolating protein cytotoxin *VacA*, which causes vacuolization of gastric mucosa epithelial cells and their death. The *vacA* gene is present in the genome of all *H. Pylori* strains, has a mosaic structure and contains variable parts: the s-region (encodes the signal peptide) and the m-region (encodes the middle section of the protein). Allelic subtypes of this gene, different in size and nucleotide sequence, have been described: signal - *s1*, *s2*; middle - *m1* and *m2*, respectively [13].

The *vacAs1m1* genotype has the highest level of cytotoxic activity and is associated with more severe diseases (peptic ulcer, gastric cancer), whereas the *vacAs2m2* genotype of *H. Pylori* does not have significant cytotoxic potential [14, 15, 16].

It is known that there is a relationship between the *vacA* and *cagA* genotypes of *H. Pylori*. Most *vacAs1* strains are *cagA*-positive and have the highest activity for adhesion and intracellular infiltration. *H. Pylori* strains that produce active *VacA* protein (*s1* type) usually also contain *cagA*, and in strains that synthesize inactive *VacA* proteins (*s2* type), the *cagA* gene is usually absent [17, 18, 19].

In substantiating the relevance of PUD, our Uzbek authors refer to the fact that the treatment of infection caused by *H. Pylori* is a difficult task, since there are no treatment regimens that guarantee 100% effectiveness. Our Uzbek researchers have found that Uzbekistan is one of the countries with a very high prevalence of *Helicobacter* infection: *H. Pylori* is diagnosed in 80% of the population. At the same time, 84% of the population of Uzbekistan have a mixed *iceA1-iceA2*-genotype of *H. Pylori cagA*. In peptic ulcer disease, the pathogenic strain *cagA + vacA s1, vacA m2* and *iceA 1,2* prevails. In chronic gastritis type B associated with *H. Pylori*, the strain is *cag + vacA s1, vacA m2* and *iceA1*. The level of resistance of *H. Pylori* strains to clarithromycin reaches 13.3%. Prolongation of eradication therapy to 14 days and addition of bismuth tripotassium dicitrate (BTD) to it allows increasing the effectiveness of *H. Pylori* eradication to 95% [20].

A modern approach to studying *H. Pylori* infection is to use molecular genetic methods of research. According to the literature, the polymerase chain reaction (PCR) method reveals the presence of the following pathogenicity factors: cytotoxin-associated genes: *cagA*, M, T, H, C, F, E; vacuolating cytotoxin A (*vacAs1* and *vacAs2*); the cytotoxicity gene *iceA* (induced by contact with epithelium); *babA* (blood-group-associated binding adhesion); *hpaA* – adhesin gene of *Helicobacter pylori*; *oipA* – outer inflammatory protein; *alpB* – adherence-associated lipoprotein B; the gene encoding the subunits of urease B (*ureB*) and I (*ure I*), etc.

The PCR method is characterized by high sensitivity and specificity, allows to detect both spiral and coccid forms of bacteria. Also, PCR testing allows to minimize false-positive results of *H. Pylori* isolation, to exclude the presence of other representatives of the genus *Helicobacter* in the biomaterial (for example, *Helicobacter suis* and *Helicobacter baculiformis*), whose role in the development of gastric pathology has not yet been fully established. Test systems of the company "DNA-technology" are often used. By agreement, it was decided to produce methods for diagnosing pathogenicity factors in the structure of the *H. Pylori* genome using the PCR method at the Republican Scientific and Practical Medical Center of Hematology of the Ministry of Health of the Republic of Uzbekistan.

In order to better understand the molecular genetic mechanisms of the formation of inflammatory and ulcerative processes in the gastric mucosa, conducting studies to assess the characteristics of the distribution of genotypes of *H. Pylori* genes in patients with inflammatory and ulcerative diseases of the stomach compared to healthy individuals living in Uzbekistan, as well as determining their relationship with an increased likelihood of developing these pathologies seems very interesting.

Material and methods. The study involved 96 patients (median age 55 years, standard deviation $\sigma=51.6\pm 17.1$ years) with inflammatory and ulcerative lesions of the stomach, which amounted to a combined group of patients (Group 1, $n=96$) and 88 healthy individuals without inflammatory and ulcerative lesions of the stomach were formed (5th compared control group, $n=88$).

The 1st combined group of patients (n=96) was divided into the following groups: the 2nd group of patients with chronic non-atrophic gastritis (CNA, n=18); the 3rd group of patients with chronic erosive gastritis (CEG, n=23) and the 4th group of patients with gastric ulcer (GU, n=55).

All patients were observed at the clinic of the Tashkent Medical Academy (Tashkent, Uzbekistan) from 2019 to 2022.

Detection of genes genotypes of genesstrains *H. Pylori* by genes of virulence factors (*cagA*, *ice1*, *ice2* and *vacA* gene with alleles *m1*, *s2*) was carried out by the SNP-PCR method on a programmable thermal cyler of the company "Applied Biosystems" 2720 (USA), using test systems of the company "Litech" (Russia), according to the manufacturer's instructions. Isolation of *H. Pylori* DNA was carried out from gastric juice.

Mathematical processing of the results was carried out using the statistical software package "OpenEpi 2009, Version 9.3".

Results.

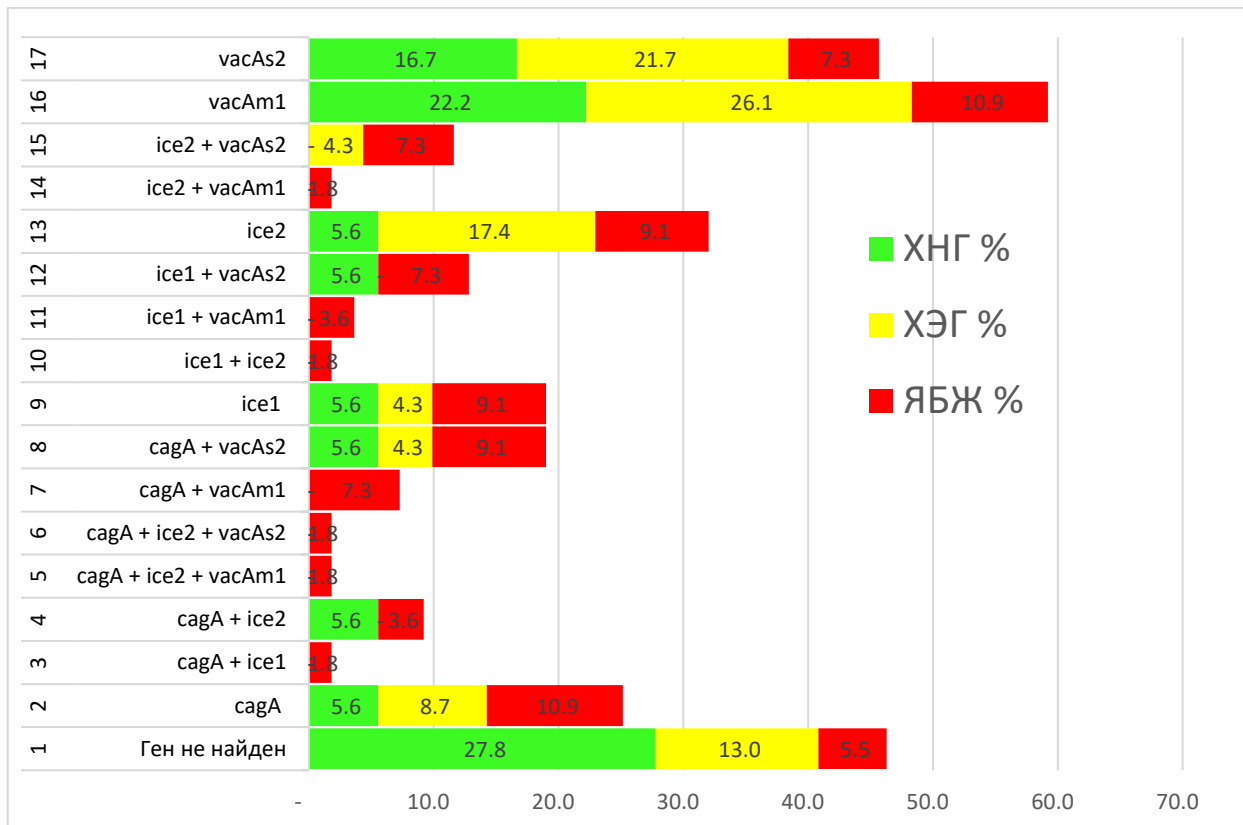
Results of the analysis of the distribution of frequencies of *H. Pylori* genotypes by virulence factor genes (*cagA*, *ice1*, *ice2* and *vacA* gene with alleles *m1*, *s2*) is given in table 1 or diagram 1

Table 1. Peculiarities of occurrence of combinations of genotypes of *H. Pylori* genes in patients with inflammatory and ulcerative diseases of the stomach

П/№	Генотипы НР	ХНГ		ХЭГ		ЯБЖ		Всего	
		n	%	n	%	n	%	n	%
1	Ген не найден	5	27,8	3	13,0	3	5,5	11	11,5
2	<i>cagA</i>	1	5,6	2	8,7	6	10,9	9	9,4
3	<i>cagA + ice1</i>	0	-	0	-	1	1,8	1	1,0
4	<i>cagA + ice2</i>	1	5,6	0	-	2	3,6	3	3,1
5	<i>cagA + ice2 + vacAm1</i>	0	-	0	-	1	1,8	1	1,0
6	<i>cagA + ice2 + vacAs2</i>	0	-	0	-	1	1,8	1	1,0
7	<i>cagA + vacAm1</i>	0	-	0	-	4	7,3	4	4,2
8	<i>cagA + vacAs2</i>	1	5,6	1	4,3	5	9,1	7	7,3
9	<i>ice1</i>	1	5,6	1	4,3	5	9,1	7	7,3
10	<i>ice1 + ice2</i>	0	-	0	-	1	1,8	1	1,0
11	<i>ice1 + vacAm1</i>	0	-	0	-	2	3,6	2	2,1
12	<i>ice1 + vacAs2</i>	1	5,6	0	-	4	7,3	5	5,2
13	<i>ice2</i>	1	5,6	4	17,4	5	9,1	10	10,4
14	<i>ice2 + vacAm1</i>	0	-	0	-	1	1,8	1	1,0
15	<i>ice2 + vacAs2</i>	0	-	1	4,3	4	7,3	5	5,2
16	<i>vacAm1</i>	4	22,2	6	26,1	6	10,9	16	16,7
17	<i>vacAs2</i>	3	16,7	5	21,7	4	7,3	12	12,5
	Всего	18	100	23	100	55	100	96	100

Frequency of genotype combinations									
P/No.	HP Genotypes	HNG		HEG		YABZ		Total	
		n	%	n	%	n	%	n	%
1	Gene not found	5	27.8	3	13.0	3	5.5	11	11.5
2	<i>cagA</i>	1	5.6	2	8.7	6	10.9	9	9.4
3	<i>cagA + ice1</i>	0	-	0	-	1	1.8	1	1.0

4	<i>cagA + ice2</i>	1	5.6	0	-	2	3.6	3	3.1
5	<i>cagA + ice2 + vacAm1</i>	0	-	0	-	1	1.8	1	1.0
6	<i>cagA + ice2 + vacAs2</i>	0	-	0	-	1	1.8	1	1.0
7	<i>cagA + vacAm1</i>	0	-	0	-	4	7.3	4	4.2
8	<i>cagA + vacAs2</i>	1	5.6	1	4.3	5	9.1	7	7.3
9	<i>ice1</i>	1	5.6	1	4.3	5	9.1	7	7.3
10	<i>ice1 + ice2</i>	0	-	0	-	1	1.8	1	1.0
11	<i>ice1 + vacAm1</i>	0	-	0	-	2	3.6	2	2.1
12	<i>ice1 + vacAs2</i>	1	5.6	0	-	4	7.3	5	5.2
13	<i>ice2</i>	1	5.6	4	17.4	5	9.1	10	10.4
14	<i>ice2 + vacAm1</i>	0	-	0	-	1	1.8	1	1.0
15	<i>ice2 + vacAs2</i>	0	-	1	4.3	4	7.3	5	5.2
16	<i>vacAm1</i>	4	22.2	6	26.1	6	10.9	16	16.7
17	<i>vacAs2</i>	3	16.7	5	21.7	4	7.3	12	12.5
	Total	18	100	23	100	55	100	96	100



Rice.1. Peculiarities of occurrence of combinations of genotypes of *H. Pylori* genes in patients with inflammatory and ulcerative diseases of the stomach

The results of a study to examine the prevalence of *H. Pylori* genotype variants in patients with inflammatory and ulcerative diseases of the stomach showed that, in total, among the examined patients (n = 96), bacteria were detected in 88.5% (n = 85) of patients.

Among all combinations of *H. Pylori* genotypes, cases with *cagA + vacAs2* were most frequently detected, accounting for 7.3% (n = 7), detected among patients with all forms of the disease: with CNГ in 5.6% (n = 1), with СЕГ in 4.3% (n = 1), and with GU in 9.1% (n = 5) of cases.

The next combination of *H. Pylori* genotypes detected in 5.2% (n = 5) of cases was the *ice1 + vacAs2* variant, also detected among patients with all diseases: with CNГ in 5.6% (n = 1), and with GU in 7.3% (n = 4) of cases.

In descending order, the combination *cagA* + *vacAm1* was further detected in 4.2% (n = 4) of patients, while among patients with CNG and CEG this combination was practically not detected, however, in 7.3% (n = 4) of cases it was detected in patients with GU.

The variant of the *ice2* + *vacAs2* genotype combination, generally determined in 5.2% (n = 5) of patients, was most often detected in CEG and GU, respectively, accounting for 4.3% (n = 1) and 7.3% (n = 4) of cases, with this combination detected in 7.7% (n = 1) in patients with CEG.

In 3.1% (n = 3) of cases, a combination of the *cagA* + *ice2* genotype was detected, which was found only among patients with CNG 5.6% (n = 1) and GU 3.6% (n = 2).

In identical cases, which accounted for a total of 1.0% (n = 1), combinations of genotypes *ice2* + *vacAm1* and *cagA* + *ice1* were identified, detected only in 1.8% (n = 1) of patients with GU, as well as combinations *ice1* + *ice2*, *cagA* + *ice2* + *vacAm1* and *cagA* + *ice2* + *vacAs2*, detected only in 1.0% (n = 1) of patients with GU.

Analyzing the obtained results on the characteristics of the occurrence of combinations of *H. Pylori* genotypes, the following facts became obvious:

- in chronic hepatitis C, 4 combinations of genotypes were encountered: *cagA* + *vacAs2*, *ice1* + *vacAs2*, *ice2* + *vacAs2* and *cagA* + *ice2*.
- in HEG, 8 combinations of genotypes were encountered: *cagA* + *vacAs2*, *cagA* + *vacAm1*, *ice1* + *vacAs2*, *ice2* + *vacAs2*, *cagA* + *ice2*, *ice1* + *vacAm1*, *ice2* + *vacAm1* and *cagA* + *ice1*.
- in GU there were 7 combinations of genotypes: *cagA*+ *vacAs2*; *cagA*+*vacAm1*; *ice1*+ *vacAs2*; *ice2*+ *vacAs2*; *ice1*+ *ice2*; *cagA*+ *ice2*+*vacAm1* and *cagA*+ *ice2*+ *vacAs2*.

Thus, analyzing the above results, we have determined the features of the occurrence of combinations of *H. Pylori* genotypes at different degrees of severity of the course of inflammatory and ulcerative diseases of the stomach. Consequently, by determining the variant of combinations of pathogen genotypes, it is possible to determine the degree of virulence of *H. Pylori*, which is a very important early diagnostic criterion for predicting the clinical course and outcomes of inflammatory and ulcerative diseases of the stomach.

Conclusion. Inflammatory and ulcerative diseases of the stomach in terms of their pathogenetic aspects of onset to this day remain pathologies that have not been fully elucidated [2]. At the same time, given that the basis of this group of stomach diseases is an important place occupied by virulence factors (*cagA*, *ice1*, *ice2* and the *vacA* gene with alleles m1, s2) of *H. Pylori*.

Literature

1. Karbalaei M, Khorshidi M, Sisakht-pour B, Ghazvini K, Farsiani H, Youssefi M, Keikha M. What are the effects of IL-1 β (rs1143634), IL-17A promoter (rs2275913) and TLR4 (rs4986790) gene polymorphism on the outcomes of infection with *H. pylori* within as Iranian population; A systematic review and meta-analysis. *Gene Reports*. Volume 20, September 2020, 100735 doi: 10.1016/j.genrep.2020.100735 [DOI][Google Scholar]
2. Nejati S, Karkhah A, Darvish H, Validi M, Ebrahimpour S, Nouri HR. Influence of *Helicobacter pylori* virulence factors CagA and VacA on the pathogenesis of gastrointestinal disorders. *Microb Pathog*. 2018 Apr;117:43-48. doi: 10.1016/j.micpath.2018.02.016 [DOI] [PubMed] [Google Scholar]
3. Miftahussurur M, Yamaoka Y. *Helicobacter pylori* virulence genes and host genetic polymorphisms as risk factors for peptic ulcer disease. *Expert Rev Gastroenterol Hepatol*. 2015;9(12):1535-47. doi: 10.1586/17474124.2015.1095089. [DOI] [PMC] [PubMed] [Google Scholar]
4. Zabaleta J. Multifactorial etiology of gastric cancer. *Methods Mol Biol*. 2012;863:411-35. doi: 10.1007/978-1-61779-612-8_26 [DOI] [PMC] [PubMed] [Google Scholar]

5. Mousavi T, Hadizadeh N, Nikfar S, Abdollahi M. Drug discovery strategies for modulating oxidative stress in gastrointestinal disorders. *Expert Opin Drug Disco*. 2020 Nov;15(11):1309-1341. doi: 10.1080/17460441.2020.1791077. [DOI] [PubMed] [Google Scholar]
6. Liu W, Dong Z, Hu R, Wang C. Association of Vascular Endothelial Growth Factor (VEGF) Gene Polymorphisms With Gastric Cancer and Its Development, Prognosis, and Survival. *Technol Cancer Res Treat*. 2018 Jan 1;17:1533034617753810. doi:10.1177/1533034617753810 [DOI] [PMC] [PubMed] [Google Scholar]
7. Dilfuza S. Matkarimova, Khamid Ya. Karimov, Kodirjon T. Boboev, Gulnozakhon A. Matniyazova. Association of Allelic Polymorphism of the Proinflammatory Cytokine Gene VEGFA (rs2010963) with the Development and Severity of Immune Microthrombovasculitis. *American Journal of Medicine and Medical Sciences*. 2021; 11(5): 437-441 doi: 10.5923/j.ajmms.20211105.16 [American Journal of Medicine and Medical Sciences] [Google Scholar]
8. Tahara T, Shibata T, Nakamura M, Yamashita H, Yoshioka D, Hirata I, Arisawa T. Effect of polymorphisms in the 3' untranslated region (3'-UTR) of vascular endothelial growth factor gene on gastric cancer and peptic ulcer diseases in Japan. *Mol Carcinog*. 2009 Nov;48(11):1030-7. doi:10.1002/mc.20554 [DOI] [PubMed] [Google Scholar]
9. Zhuang M, Peng Z, Wang J, Su X. Vascular endothelial growth factor gene polymorphisms and gastric cancer risk: a meta-analysis. *J BUON*. 2017 May-Jun;22(3):714-724. [PubMed] [Google Scholar] [PDF]
10. Grishchenko E.G., Petrova M.M., Gilyuk A.V., Nikolaeva N.N. Genetic variability of *Helicobacter pylori* and features of gastroduodenal pathology. *Transbaikal Medical Bulletin (Electronic scientific publication - ENI)*. 2017; No. 4: Pages: 245-257. <http://zabmedvestnik.ru/arhiv-nomerov/nomer-4-za-2017-god/geneticheskaja-izmenchivost-helicobacter-pylori-i-osobennosti-gastroduodenalnoj-patologii>
11. Shiota S, Suzuki R, Yamaoka Y. The significance of virulence factors in *Helicobacter pylori*. *J Dig Dis*. 2013 Jul;14(7):341-9. DOI: 10.1111/1751-2980.12054. PMID: 23452293 Free PMC article. Review.
12. Sgouras DN, Trang TT, Yamaoka Y. Pathogenesis of *Helicobacter pylori* Infection. *Helicobacter*. 2015 Sep;20 Suppl 1(0 1):8-16. doi: 10.1111/hel.12251. PMID: 26372819 Free PMC article. Review
13. Hunt RH, Xiao SD, Megraud F, Leon-Barua R, Bazzoli F, van der Merwe S, Vaz Coelho LG, Fock M, Fedail S, Cohen H, Malfertheiner P, Vakil N, Hamid S, Goh KL, Wong BC, Krabshuis J, Le Mair A; World Gastroenterology Organization. *Helicobacter pylori* in developing countries. World Gastroenterology Organization Global Guideline. *J Gastrointest Liver Dis*. 2011 Sep;20(3):299-304. <https://www.jgld.ro/jgld/index.php/jgld/article/view/2011.3.14/851>
14. Arents NL, van Zwet AA, Thijs JC, Kooistra-Smid AM, van Slochteren KR, Degener JE, Kleibeuker JH, van Doorn LJ. The importance of *vacA*, *cagA*, and *iceA* genotypes of *Helicobacter pylori* infection in peptic ulcer disease and gastroesophageal reflux disease. *Am J Gastroenterol*. 2001 Sep;96(9):2603-8. DOI: 10.1111/j.1572-0241.2001.04104.x. PMID: 11569682
15. Atherton JC. The clinical relevance of strain types of *Helicobacter pylori*. *Gut*. 1997 Jun;40(6):701-3. DOI: 10.1136/gut.40.6.701. PMID: 9245920 Free PMC article. Review.
16. Cover TL, Blaser MJ. *Helicobacter pylori* infection, a paradigm for chronic mucosal inflammation: pathogenesis and implications for eradication and prevention. *Adv Intern Med*. 1996;41:85-117.
17. Cover TL, Blaser MJ. *Helicobacter pylori* infection, a paradigm for chronic mucosal inflammation: pathogenesis and implications for eradication and prevention. *Adv Intern Med*. 1996;41:85-117.

18. Pachathundikandi SK, Gutiérrez-Escobar AJ, Tegtmeyer N. Tailor-Made Detection of Individual Phosphorylated and Non-Phosphorylated EPIYA-Motifs of *Helicobacter pylori* Oncoprotein CagA. *Cancers (Basel)*. 2019 Aug 13;11(8):1163. DOI: 10.3390/cancers11081163. PMID: 31412675 Free PMC article.
19. Yokoyama K, Higashi H, Ishikawa S, Fujii Y, Kondo S, Kato H, Azuma T, Wada A, Hirayama T, Aburatani H, Hatakeyama M. Functional antagonism between *Helicobacter pylori* CagA and vacuolating toxin VacA in control of the NFAT signaling pathway in gastric epithelial cells. *Proc Natl Acad Sci US A*. 2005 Jul 5;102(27):9661-6. DOI: 10.1073/pnas.0502529102. Epub 2005 Jun 24.
20. Karimova D.K., Sobirova G.N., Karimov M.M. Assessment of the risk of developing pathological conditions caused by circulating strains of *H. Pylori*. *Bulletin of the Pancreatology Club*. 2020, No.: 1 (46): pp.: 60-64. doi: 10.33149/vkp.2020.01.08